

# MARIJUANA SAFETY

## CHILD SAFETY INFORMATION

All Marijuana and Marijuana products should be stored in the original container and kept in a lock box away from children. Marijuana edibles should never be stored with other food to avoid accidental ingestion.

## RESPONSIBLE MARIJUANA USE

Guests should not drive or operate heavy machinery when under the influence of Marijuana. Guests are encouraged to use the smallest therapeutic dose of Marijuana to treat their symptoms; “start low and go slow”.

## POTENTIAL SIDE EFFECTS

Guests understand and assume the risk of all potential harms that could be caused by Marijuana including but not limited to anxiety; low/high blood pressure; lightheadedness, fainting, loss of balance, drowsiness including any injuries associated therewith; demotivation; increased appetite and weight gain; slower reflexes or other cognitive obstructions; aggravation of pre-existing mental or physical disorders; and addiction.

## SIGNS & SYMPTOMS OF DRUG ABUSE

### **You're neglecting your responsibilities**

You're neglecting your responsibilities at school, work, or home (e.g. flunking classes, skipping work, neglecting your children) because of your drug use.

You're using drugs under dangerous conditions or taking risks while high, **such as driving while on drugs, using dirty needles, or having unprotected sex.**

Your drug use is getting you into legal trouble, **such as arrests for disorderly conduct, driving under the influence, or stealing to support a drug habit.**

Your drug use is causing problems in your relationships, **such as fights with your partner or family members, an unhappy boss, or the loss of friends.**

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## COMMON SIGNS & SYMPTOMS OF DRUG ADDICTION

**You've built up a drug tolerance.** You need to use more of the drug to experience the same affects you used to attain with smaller amounts.

**You take drugs to avoid or relieve withdrawal symptoms.** If you go too long without drugs, you experience symptoms such as nausea, restlessness, insomnia, depression, sweating, shaking, and anxiety.

**You've lost control over your drug use.** You often do drugs or use more than you planned, even though you told yourself you wouldn't. You may want to stop using, but you feel powerless.

**Your life revolves around drug use.** You spend a lot of time using and thinking about drugs, figuring out how to get them, and recovering from the drug's effects.

**You've abandoned activities you used to enjoy,** such as hobbies, sports, and socializing, because of your drug use.

**You continue to use drugs, despite knowing it's hurting you.** It's causing major problems in your life—blackouts, infections, mood swings, depression, paranoia—but you use anyway.

**Tolerance, dependence, and withdrawal can occur.** Physical dependence on Marijuana is not substantiated by research. However, psychological dependence is possible with the over use of any substance. A personal inventory should be taken if Marijuana becomes a focal point in your life. Guests with concerns about the risk of addiction or a history of substance abuse should consult their physician and a certified substance abuse counselor. Frequent or heavy use of Marijuana may lead to increased tolerance resulting in the need for higher doses or different strains.

*Source: <http://www.helpguide.org/articles/addiction/drug-abuse-andaddiction.html>*